Week One Menu

Served Weeks Commencing: 03rd June, 24th June, 15th July, 09th Sept, 30th Sept, 21st Oct



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Spanish Chicken With Fluffy Rice Carrots & Broccoli	Beef Pasta Bolognaise , Garden Peas & Sweetcorn	Roast Chicken & Gravy With Roast Potatoes, Cauliflower & Swede	Pork Sausages & Gravy With Mashed Potatoes, Green Beans & Carrots	Fish Fingers With Chips, Beans & Peas
VEGETARIAN	Vegetable Curry With Fluffy Rice Carrots & Broccoli	Macaroni Cheese garden Peas & Sweetcorn	Roasted Quorn fillet With Roast Potatoes, Cauliflower & Swede	Quorn Sausages & Gravy With Mashed Potatoes, Green Beans & Carrots	Tomato & Cheese Pizza Pinwheel With Chips, Beans & Peas
JACKET POTATO / PASTA DISH	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Bean or cheese beans or Pasta with Tomato & Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Bean or cheese beans or Pasta with Tomato & Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Bean or cheese beans or Pasta with Tomato & Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Bean or cheese beans or Pasta with Tomato & Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Bean or cheese beans or Pasta with Tomato & Basil Sauce
SANDWICH	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese Ham or Egg mayo or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese Ham or Egg mayo or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese Ham or Egg mayo or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese Ham or Egg mayo or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese Ham or Egg mayo or Marmite
DESSERTS	Oat & Cinnamon Cookie & Apple Slices	Iced Sponge & Custard	Vanilla Ice Cream & Fresh Fruit	Shortbread & Apple Slices	Fruity Friday

AVAILABLE DAILY:

Choice of Wholemeal Bread, Salad Bar, Water, Fresh Fruit, Fruit Yoghurt.





Week Two Menu

Served Weeks Commencing: 10th June, 01st July, 22nd July 16th Sept, 07th Oct



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Homemade BBQ Chicken With Fluffy Rice, Carrots & Broccoli	Beefburger In a Bun With Potato Wedges, Garden Peas & Sweetcorn	Roast Chicken & Gravy With Roast Potatoes, Green Beans & carrots	Beef Lasagne , Carrots & Green Beans	Fish Fingers with Chips, Peas and Baked Beans
VEGETARIAN	BBQ Vegetable & Mixed Bean Wrap With Fluffy Rice, Carrots & Broccoli	Vegetable Burger In A Bun With Potato Wedges, Garden Peas & Sweetcorn	Roasted Quorn fillet With Roast Potatoes, Green Beans & carrots	Vegetarian Lasagne , Carrots & Green Beans	Cheese & Tomato Pizza with Chips, Peas and Baked Beans
JACKET POTATO / PASTA DISH	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Bean or cheese beans or Pasta	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Bean or cheese beans or Pasta	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Bean or cheese beans or Pasta	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Bean or cheese beans or Pasta	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Bean or cheese beans or Pasta with Tomato &
	with Tomato & Basil Sauce	Basil Sauce			
SANDWICH	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese Ham, Egg Mayonnaise or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese Ham, Egg Mayonnaise or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese Ham, Egg Mayonnaise or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese Ham, Egg Mayonnaise or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese Ham, Egg Mayonnaise or Marmite
DESSERTS	Flapjack & Orange Segments	Jam Sponge & Custard	Shortbread with Apple slices	Apple Crumble & Custard	Fruity Friday

AVAILABLE DAILY:

Choice of Bread, Salad Bar, Water, Fresh Fruit, Fruit Yoghurt, or Jelly





Week Three Menu

Served Weeks Commencing: 17th June, 08th July, 02nd Sept, 23rd Sept, 14th Oct



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Ham Cheese & Tomato Pizza With Potatoes wedges, Carrots & Broccoli	Sausage & Tomato Pasta Carrots & Swede	Roast Chicken & Gravy With Roast Potatoes, Green Beans & carrots	Cottage Pie With Sweetcorn & Cabbage	Fish Fingers With Chips, Peas & Baked Beans
VEGETARIAN	Cheese & Tomato Pizza With Potatoes wedges, Carrots & Broccoli	Roast Vegetable Frittata Carrots & Swede	Roasted Quorn fillet & Gravy With Roast Potatoes, Green Beans & carrots	Vegetable cottage Pie with sweetcorn &Cabbage	Vegetable Fingers With Chips, Peas & Baked Beans
JACKET POTATO / PASTA DISH	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans or cheese beans or Pasta with Tomato & Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans or cheese beans or Pasta with Tomato &	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans or cheese beans or Pasta with Tomato & Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans or cheese beans or Pasta with Tomato & Basil Sauce	Jacket Potato with a choice of either filling Tuna Mayonnaise Cheddar Cheese Baked Beans or cheese beans or Pasta with Tomato & Basil Sauce
SANDWICH	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese, Ham, Egg Mayonnaise or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese, Ham, Egg Mayonnaise or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese, Ham, Egg Mayonnaise or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese, Ham, Egg Mayonnaise or Marmite	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese, Ham, Egg Mayonnaise or Marmite
DESSERTS	Chocolate Sponge & Custard	Oaty Cinnamon Cookie & Banana	Banana Muffin & Orange Slices	Chocolate Orange Shortbread & Fresh Apple Slices	Fruity Friday

AVAILABLE DAILY:

Choice of Wholemeal Bread, Salad Bar, Water, Fresh Fruit, Fruit Yoghurt.



